

SCCU Western District Cross Country Relay Championships, Clydebank -

Senior 4 x 2 mile Championship race:

1, Spango Valley AC (T. Osborne 1032, P. Conaghan 1014, S. Conaghan 1024, L. Spence 1016). 41:26

2, Law & District AC (W. Nelson 1012, H. Forgie 1051, W. Dickson 1039, A. Russell 958). 41:40

3, Greenock Glenpark H (A. Curren 1052, T. Murray 950, D. McLaughlin 1039, P. Duffy 1024). 41:45

4, Cambuslang H 42:03, 5, Springburn H 41:11, 6, Kilbarch AC 42:24

Fastest Laps: 1, T. Murray 950, 2, A. Russell, A. Gilmour (Cambuslang H) and A. Callan (Springburn H) all 958, 5, J. Cowan (Clydesdale H) 1007, 6, W. Nelson (Cambuslang H), J. Orr both 1012.

Young Athletes 3 x 1 1/2 miles

Championship race: (Running Order 1, Junior Boys; 2, Senior Boys; 3, Youth).

1, Clydebank AC (C. McShannon 930, A. Russell 854, G. Stewart 835). 26:59

2, Motherwell YMCA H (N. McEwan 919, s. Fox 920, J. Houston 830). 27:09

3, Clydebank AC 'B' (M. McBride 950, A. Thain 904, D. McGinlay 821). 27:15

4, Clydebank AC 'D' 27:26, 5, Dumfries AAC 27:42, 6, Clydebank AC 'C' 27:48

Youth Athletes Fastest Laps

Junior Boys: 1, D. Fotheringham (Clydebank AC 'D') 917; 2, N. McEwan 919; 3, C. McShannon 930.

Senior Boys: 1, G. Reid (Kilmarnock H) 833; 2, T. Graham (Kilbarchan AC) 841; 3, A. Russell 854.

Youths: 1, D. McGinlay 821; 2, B. McKay (Victoria Park AAC) 827; 3, J. Houston 830.

**WESTERN DISTRICT
CROSS COUNTRY RELAYS**

CLYDEBANK

18th. October 1986

**SPONSORED BY THE BOULEVARD
SPORTS PARK COMMITTEE**

RESULTS



ORGANISED BY CLYDEBANK A.C.



SCOTTISH CROSS COUNTRY UNION

WESTERN DISTRICT CROSS COUNTRY RELAY CHAMPIONSHIPS

CLYDEBANK 18 OCTOBER 1986

YOUNG ATHLETES (11-17 YRS) 3 x 2 MLS

TOP TEAMS

1	Clydebank AC (A)	26 min 59
2	Motherwell YMCA (A)	27 min 09
3	Clydebank AC (B)	27 min 15
4	Clydebank AC (D)	27 min 26
5	Dumfries AAC (A)	27 min 42
6	Clydebank AC (C)	27 min 48
7	Kilmarnock Harriers AAC (A)	27 min 49
8	Kilbarchan AC (A)	28 min 00
9	Cambuslang Harriers (A)	28 min 15
10	Law & District AAC (A)	28 min 29
	Ayr Seaforth AC (A)	28 min 37
	Irvine AC (A)	28 min 37
13	Colzium AAC (A)	28 min 46
14	Clydebank AC (E)	28 min 50
	Kilmarnock Harriers AAC (B)	28 min 51
	Shettleston Harriers (A)	28 min 51
17	Ayr Seaforth (B)	28 min 57
18	Victoria Park AAC (A)	28 min 58
19	Dumfries AAC (B)	29 min 02
20	Clydebank AC (F)	29 min 03
21	Victoria Park AAC (B)	29 min 04
	Dumbarton AAC (A)	29 min 09
	Garscube Harriers (A)	29 min 09
24	Clydesdale Harriers (A)	29 min 15
25	Kilmarnock Harriers (C)	29 min 25
26	Cambuslang Harriers (A)	29 min 28
27	Kilbarchan AC (B)	29 min 29
28	Maryhill Harriers (A)	29 min 31
29	Irvine AC (B)	29 min 33
30	Colzium AAC (C)	29 min 42

WESTERN DISTRICT CC RELAYS 18.10.86

TOP INDIVIDUALS

JUN. BOYS

93 COMPETED

1	D Fotheringham	CLYDEBANK	9 Min 17
2	M McEwan	MOTHERWELL	9 min 19
3	C McShannon	CLYDEBANK	9 min 30
4	C McCafferty	CAMBUSLANG	9 min 36
5	F Toolis	DUMFRIES	9 min 43
5	D Howat	DUMFRIES	9 min 43
7	D Ashton	CLYDEBANK	9 min 48
8	M McBride	CLYDEBANK	9 min 50
9	D Kinghorn	AYR SEAFORTH	9 min 53
10	D Strung	CAMBUSLANG	9 min 54
11	D Callaghan	COLZIUM	9 min 55
12	J Ferguson	AYR SEAFORTH	9 min 58
12	G Finnegan	COLZIUM	9 min 58
14	K Stevenson	AYR SEAFORTH	10 min 00
15	N Cameron	CAMBUSLANG	10 min 06
16	L O'Hare	COLZIUM	10 min 07
17	F Reilly	COLZIUM	10 min 09
18	G Spearing	KILBARCHAN	10 min 12
19	S Simpson	CLYDEBANK	10 min 13
20	P McCarty	LAW AND DISTRICT	10 min 15
21	P Loage	SHETTLESTON	10 min 19
22	E Dobbin	SPANGO VALLEY	10 min 20
23	R Duphy	AYR SEAFORTH	10 Min 22
23	P Brennan	IRVINE	10 min 22
23	J Shields	KILBARCHAN	10 min 22

WESTERN DISTRICT CC RELAYS 18.10.86

TOP INDIVIDUALS

86 COMPETED

1	C Reid
2	T Graham
3	A Russell
4	D McPherson
5	S Barnett
6	C McShane
6	Ally Thain
8	J Cullen
9	J Brown
10	N White
11	G Wiseman
11	P Murray
13	D McAusland
14	G Harvey
14	W Adams
16	J Timmons
17	S Fox
18	C Caitens
19	p Mason
19	S Wright
21	D McDowell
21	C Paterson
21	G Graham

SENIOR BOYS

KILMARNOCK	8 min 33
KILBARCHAN	8 min 41
CLYDEBANK	8 min 54
CAMBUSLANG	8 min 55
VIC. PARK	8 min 59
GREENOCK GLEN	9 min 04
CLYDEBANK	9 min 04
CLYDEBANK	9 min 06
CLYDEBANK	9 min 07
LAW AND DISTRICT	9 min 11
DUMFRIES	9 min 13
CLYDEBANK	9 min 13
GREENOCK GLEN	9 min 15
CLYDESDALE	9 min 18
CLYDEBANK	9 min 18
KILBARCHAN	9 min 19
KILBARCHAN	9 min 20
MOTHERWELL	9 min 21
IRVINE	9 min 22
AYR SEAFORTH	9 min 22
SHEFFLESTON	9 min 24
DUMFRIES	9 min 24
LOUDON	9 min 24
VIC. PARK	9 min 24

WESTERN DISTRICT CC RELAYS 18.10.86

TOP INDIVIDUALS

72 COMPETED

1	D McGinley
2	B McKay
3	J Houston
4	F McGowan
5	G Stewart
6	S Marshall
7	J Logan
8	F Togneri
9	M Porter
10	B Scott
11	S White
12	S White
14	T Gribben
14	K McCann
16	J Monaghan
17	M McBride
17	J McKendrick
17	I McInally
20	A Gallacher
21	A McAulay
22	J Divers
23	M McKendrick
23	R Blair
25	M Shodgran

YOUTHS

CLYDEBANK	8 Min 21
VIC. PARK	8 min 27
MOTHERWELL	8 min 30
VIC. PARK	8 min 34
CLYDEBANK	8 min 35
GARSCUBE	8 min 39
VIC PARK	8 min 41
MOTHERWELL	8 min 42
KILMARNOCK	8 min 43
KILMARNOCK	8 min 46
KILMARNOCK	8 min 47
DUMFRIES	8 Min 48
COLXIUM	8 min 51
MOTHERWELL	8 min 51
CLYDEBANK	8 min 52
CLYDEBANK	8 min 54
IRVINE	8 min 54
SHETTLESTON	8 min 54
MARYHILL	8 min 55
CLYDEBANK	8 min 56
CLYDEBANK	8 min 57
GREENOCK GLEN	9 min 03
VIC PARK	9 min 03
TROON TORTOISES	9 min 04

SCOTTISH CROSS COUNTRY UNION

WESTERN DISTRICT CROSS COUNTRY RELAY CHAMPIONSHIPS

CLYDEBANK 18 OCTOBER 1986

YOUNG ATHLETES (11-17 YRS) 3 x 2 MLS

1st Clydebank AC	(A)
2nd Motherwell YMCA	(A)
3rd Clydebank AC	(B)
4th Clydebank AC	(D)
5th Kilbarchan AC	(A)
6th Clydebank AC	(C)

FASTEST INDIVIDUALS

JUNIOR BOYS

- 1 D Fotheringham
- 2 M McEwan
- 3 C McShannon
- 4 E McLafferty
- 5 F Toolis
- 6 D Howat
- 7 D Ashton
- 8 M McBride
- 9 D Kinghorn
- 10 D Strung

SENIOR BOYS

- G Reid
- T Graham
- D McPherson
- A Russel
- S Barnett
- A Thain
- C McShane
- J Cullen
- N White
- G Wiseman

YOUTHS

- D McGinley
- B McKay
- J Houston
- F McGowan
- G Stewart
- S Marshall
- J Logan
- M Porter
- B Scott
- S White

YOUNG ATHLETES

AYR SEAFORTH

(A) J Ferguson	P Mason	S Lynch	1
9.58	19.16	26.37	
(B) D Kinghorn	B Stewart	A McEwan	2
9.53	19.33	26.57	
(C) K Stevenson	S Rutherford	G McMichael	3
10.00	19.45	29.44	
(D) R Dupuy	J McFadzean	A McKie	4
10.22	20.33	30.41	

BELLAHOUSTON

(A) D Anderson	A Mack	D Donlin	6
10.26	20.06	29.58	
(B) T Preston	S Rooney	B Dunnsmore	7
10.30	20.48	30.44	
(C) J Wright	S Devine	D Foy	8
11.10	21.09		
(D) S Collie	D McCulloch	G Stewart	9
12.03	23.03		
(E) V Docherty	P Dillon	M Copeland	10
12.21			

CAMBUSLANG HARRIERS

(A) E McLafferty	D McPherson	D McHardy	12
9.56	16.31	28.15	
(B) D Strung	D McLean	C Wilson	13
9.54	19.23	29.28	
(C) N Cameron	G McGuggan	J Wilson	14
10.00	20.10	30	
(D) G Woods	C Smyth	K Allan	15
10.55	20.32		
(E) B Fraris	C Bell	J Gallagher	16

YOUNG ATHLETES

CLYDEBANK AC

(A) C McShannon	A Russell	G Stewart	18
9.30	18.24	26.59	
(B) M McBride	A Thain	D McGinley	19
9.50	18.54	27.15	
(C) D Ashton	J Cullen	M McBride	20
9.48	18.54	27.48	
(D) D Fotheringham	G Wiseman	T McCavley	21
9.17	18.30	27.26	
(E) S Simpson	S McCafferty	J Monaghan	22
10.33	19.58	28.50	
(F) D McAllister	G Harvey	J Divers	23
10.48	20.06	29.03	
(G) K Mullan	K Buckley	S Cameron	24
10.50	20.59		
(H) M Slavin	M Docherty	D Fulton	25
11.04	21.00	30.27	
(I) S Collins	G Vincent	J Gallacher	26
11.38	22.05	31.57	
(J) M Hamilton	S Haining	J McPake	27
11.38	22.14	32.11	

CLYDESDALE HARRIERS

(A) Mark Govan	David McAusland	Gary Divers	30
10.38	19.53	29.15	
(B) Richard Cassidy	Thomas Dunn	Alex Lennox	31
11.29	21.17	30.33	
(C) Steven Gibson	John Mullen	Gary Youngs	32
11.29	21.21	30.53	
(D) Donald Govan	Michael Dugher	Craig Stewart	33
11.55	22.16	32.12	
(E) Steven Bailley	David Miller	Scott Poole	34
11.55	22.05	34.28	
(F) Chris Dugher	Ross Stevenson	David Campbell	35
12.30	24.54		

COLZIUM AAC

(A) Dominic Callaghan	Stephen McDade	Thomas Gribben	36
9.55	19.55	28.46	
(B) Louis O'Hare	Anthony Laird	Paul Reilly	37
10.07	20.20	30.07	
(C) Gary Finnegan	Joseph Cowan	Paul M Niven	38
9.58	19.28	29.42	
(D) Frank Reilly	Mark Friel	Martin Spalding	39
10.09	20.29	31.31	

DUMBARTON AAC

(A) P McCreddie 10.30	B McCreddie 19.56	S McKendrick 29.09	41
(B) J McCall 10.30	A Flaws 20.28	D Wilson 30.19	42
(C) S Pryce	M Curran 22.40	P Hadjiktari 33.16	43

DUMFRIES AAC

(A) F Toolis 9.43	N White 18.54	S White 27.42	44
(B) D Howat 9.43	D McDowell 19.07	K Whannel 29.02	45
(C) P Menlove 12.01	I Donowho 21.31	C Murray 32.01	46
(D) G McNeil 10.42	G Scott 20.25	J Howat	47

GARSCUBE HARRIERS

(A) P McGlynn 10.31	J MacKinnon 20.30	S Marshall 29.09	49
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GREENOCK GLENPARK

(A) J McNeice 12.30	L McSahne 21.34	M McKendrick 30.37	50
(B) B Kelly 15.22	P Murray 24.35	D Shaw 33.41	51

HAMILTON HARRIERS

(A) ROSS REDDIEX	Gerry McGurk	Mark Gallacher	52
10.30	20.29	29.45	
(B) Ian Paterson	Ian McGurk	Brian McGurk	53
11.21	21.02	30.21	

IRVINE AC

(A) P Brennan	C Caitens	J McKendrick	54
10.22	19.43	28.37	
(B) G McGaughlin	R McClymont	S McKendrick	55
10.28	20.25	29.33	
(C) M McKerrell	D Bryant	C Hunter	56
10.48	21.58	31.55	
(D) P Miller	G Parker	T Begley	57
10.53	21.32	31.15	
(E) S O'Hara	E Cairnas	S Baird	58
10.37	21.13	31.18	
(F) S Finnigan	C Addis	J Bailey	59

KILBARCHAN

(A) G Spearing	T Graham	S Douglas	60
10.12	18.53	28.00	
(B) I Gourlay	W Adams	A Dickie	61
10.50	20.08	29.29	
(C) J Shields	J Timmons	C McLean	62
10.22	19.41		
(D) M Parsley	C Hayes	E Fulton	63
11.26	21.45		
(E) M Cridge	S Martin	B Kirkwood	64
12.52	24.35		
(F) P Hohnson	M Gregory	G Pennock	65
15.02	23.20		
(G) G Pennock	R Rouray	D Colliran	66
12.59			
(H) P Dorrinrton	M Allan	R Spiel	67

KILMARNOCK HARRIERS AAC

(A) A Armstrong 10.29	G Reid 19.02	S White 27.49	68
(B) S Ferguson 10.42	B Wilson 20.08	M Porter 28.51	69
(C) C Colman 10.42	P Ross 20.39	B Scott 29.25	70
(D) A Osborne 10.48	C Harrow 21.35	M Cameron 30.23	71
(E) S Mackie 11.41	B McManus 22.05	K McNulty 31.41	72
(F) A McManus 11.47	R Mabon 24.12	D Hannah 34.15	73

LOUDOUN RUNNERS

(A) Steven Fraser 12.10	Stuart Laughran 22.28	Simon Philps 31.52	75
(B) Brian McGarry 11.23	Colin Paterson 20.47	Ian Connell 30.17	76
(C) Graham Barton 11.26	Robert Fraser 22.28	Colin King 32.48	77

LAW and DISTRICT AAC

(A) Paul Carty 10.15	James Brown 19.22	Paul Russell 28.29	74
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MARYHILL HARRIERS

(A) Michael McCartney 10.55	John Watt 20.36	Andy Gallacher 29.31	79
(B) Steven Gilroy 10.27	Scott Kelly 22.34	Tony McLaughlin 32.33	80
(C) Marco Equi 12.32	Andy Huntly	Martin Teague	81

MOTHERWELL YNCA HARRIERS

(A) Martin McEwan 9.19	S Fox 18.39	J Houston 27.09	82
(B) A McNay 11.43	G Danokin 21.38	F Togren 30.20	83
(C) R Morwood 12.08	J Muir 22.17	John McCann 31.08	84
(D) R Houston 12.19	R Campbell 22.30	D Poulton 31.35	85

SHETTLETON HARRIERS

(A) D Halliday 10.35	S Wright 19.57	I McInally 28.51	87
(B) P Loage 10.19	M O'Hagen 21.02	D Grabiec	88
(C) T McInnes 10.54	P Hasslet 20.55	M Richford	89

SPANGO VALLEY AC

(A) E Dobbin	C Campbell	C Campbell	91
10.20	20.58	30.32	

SPRINGBURN

(A) J Brown	D McGregor	T McGowan	93
10.59	21.49	31.19	
(B) M Hannah	M Forbes	A Callan	94
10.55	21.00	30.33	

STONEHOUSE AAC

(A) P Breen	D Russell	A Niven	95
11.40	21.46	32.14	
(B) W Prentice	J Opie	M Boyd	96
12.48	24.22		

TROON TORTOISE

(A) N Bruce	C Stewart	M Snodgran	97
15.22	27.02	36.06	
(B) M Reid	G McPherson	A Gardiner	98
11.43	25.33		

VICTORIA PARK AAC

(A) C Allison	S Barnett	J Logan	99
11.18	20.17	28.58	
(B) D Rainey	G Graham	B McKay	100
11.13	20.37	29.04	
(C) D Wallace	F McNellan	F McGowan	101
11.26	21.35	30.09	
(D) R Fleming	J Aderinto	R Blair	102
11.43	21.59	31.02	
(E) M Oliver	S Gilmour	M Burgess	103
11.39	24.34	31.06	
(F) C Alexander	E McDonald	K Wilson	104

SCOTTISH CROSS COUNTRY UNION

WESTERN DISTRICT CROSS COUNTRY RELAY CHAMPIONSHIPS

CLYDEBANK 18 OCTOBER 1986

JUNIOR/SENIOR 4 x 2½ MLS

TOP TEAMS

1	Spango Valley (A)	41 min 26
2	Law & District (A)	41 min 40
3	Greenock Glenpark (A)	41 min 45
4	Cambuslang Harriers (A)	42 min 03
5	Springburn Harriers (A)	42 min 11
6	Kilbarchan AAC	42 min 24
7	Clydesdale Harriers (A)	42 min 24
8	Motherwell YMCA (A)	42 min 53
9	Shettleston Harriers (A)	43 min 05
10	Ayr Seaforth AC	43 min 06
11	Bellahouston Harriers (A)	43 min 19
12	Clydesdale Harriers (B)	43 min 45
13	Greenock Wellpark (A)	44 min 10
14	Greenock Glenpark (B)	44 min 15
15	Irvin AC (A)	44 min 19
16	Bellahouston Harriers (B)	44 min 25
17	Greenock Glenpark (C)	44 min 33
18	Milburn Harriers (A)	44 min 35
19	Dumfries AAC (A)	44 min 36
20	Shettleston (B)	44 min 38
21	Spango Valley (C)	44 min 39
22	Victoria Park AAC (A)	44 min 41
23	Bellahouston Harriers (C)	44 min 46
24	Ayr Seaforth AC (B)	44 min 51
25	Greenock Glenpark (C)	44 min 55
26	Cambuslang (B)	45 min 06
27	Kilbarchan (B)	45 min 07
28	Clydebank (A)	45 min 15
29	Kilmarnock (A)	45 min 29
30	Clydesdale (C)	45 min 30
31	Monkland Harriers (A)	45 min 42
32	Greenock Wellpark (B)	45 min 51

SCOTTISH CROSS COUNTRY UNION

WESTERN DISTRICT CROSS COUNTRY RELAY CHAMPIONSHIPS

CLYDEBANK 18 OCTOBER 1986

JUNIOR/SENIOR 4 x 2½ MLS

1st Spango Valley (A)

2nd Law & District (A)

3rd Greenock Glenpark (A)

4th Cambuslang Harriers (A)

5th Springburn Harriers (A)

6th Kilbanchan (A)

SENIOR ATHLETES

SEAFORTH AC

1) G Fallow (1)	J Strawhorn (2)	J Caird (3)	G Wight (4)	1
10.39	21.40	32.34	43.06	
2) R Hill (1)	D Alexander (2)	J Young (3)	D McCroy (4)	2
11.10	22.20	33.48	44.51	
3) B Boyd (1)	L Baker (2)	I Baird (3)	A Stewart (4)	3
11.41	23.01	35.03	46.53	
4) A Hunter (1)	R Page (2)	A Smith (3)	F Robertson (4)	4
12.17	25.09	37.54	48.44	

STROUD

1) A Martin (1)	J Kerr (2)	S Millen (3)	A Spiers (4)	7
12.26	24.51	37.20	50.23	
2) J Bredin (1)	G Porch (2)	B Climie (3)	T Smith (4)	8
13.21	25.45	41.00	54.16	

HARRIERS

1) N Grier (1)	P Lee (2)	J Swindale (3)	K Phillips (4)	10
11.45	24.07	37.31	51.34	

LAHOUSTON HARRIERS

1) J Thallan (1)	J Adair (2)	J Henry (3)	T Coyne (4)	12
11.14	22.08	33.13	43.19	

B) D Williamson	C Joss	I Ross	D Burt	13
11.17	22.20	33.31	44.25	
C) P McDevitt	T Donnelly	J Charles	J McNeill	14
11.13	22.33	33.33	44.46	
D) R Henry	H Fenion	G Bell	G McGregor	15
11.25	23.42	34.53	46.35	
E) P O'Hagan	R Studdart	D Donald	J Russell	16
13.09	24.49	37.26	49.14	
F) S Butler	G Leiper	D Henry	J Beckett	17
13.39	29.20	43.12		

WALDERGLEN HARRIERS

A) D Watt	J Walker	P Moore	R Sloss	18
10.14	21.14	32.39	44.15	
B) A Craig	M Bevhtes	G Magadey	J Halleron	19
12.52	25.47	37.44	50.47	
C) K Miller	R Sahnks	A Paterson	G Mennie	20
	26.30			

WAMBUŠLANG HARRIERS

A) P McAvoy	J Orr	E Stewart	A Gilmour	21
11.00	21.12	32.05	42.03	
B) F Hurley	T Ulliot	W Mitchell	A Bain	22
11.19	22.33	34.03	45.06	
C) C Fēēchan	I Smith	B Gough	S Millar	23
11.19	23.39	35.22	46.23	
D) G Laird	A Gemmil	A Hughes	E Meek	24
12.38	24.44	36.26	49.00	
E) S McFadden	J McGugan	R McCutcheon	R Anderson	25
12.28	25.09	37.57	50.57	
F) J Christie	D Healy	P Preston	I Hill	26

92 TEAMS FINISHED

YDEBANK AC

1) ^{26th} J MacKay	B Donnelly (J)	C Docherty (J)	J Kenney ^{26th} 27
10.55	22.13 (11:19)	33.52 (11:39)	45.15 (11:23)
2) A MacKay	M. D'HABAN ^{7th} N Urghart	M Dougan	J McLaughlin 57th 28
12.13	24.08 (11:55)	36.38 (12:30)	48.59 (12:21)
3) J Fitzsimons	A McKenna	P Darroch (J)	I Marshall 80th 29
13.12	26.33 (13:21)	38.54 (12:21)	51.31 (12:37)
4) M Allison	J Timms	A Jackson	B Williams 86th 30
12.20	G. BATES 27.05	S. J. M. Y. 42.23	6. L. M. E. 53.20 (10:57?)

YDESDALE HARRIERS

1) J Austin	D Halpin	P Dolan 1	J Cowan 7th 31
10.30	21.28 (10:58)	32.17 (10:49)	42.24 (10:07)
2) M McDonald	G Carlin	C Dougherty 2	P Doran 12th 32
11.06	22.08 (11:02)	33.29 (11:21)	43.45 (10:16)
3) J Hanratty	B Potts	R Young	J Shields 28th 33
11.35	22.28 (10:53)	33.57 (11:29)	45.30 (11:33)
4) A Wright	J Wright 2	A Rosborough	R Shields 39th 34
11.35	23.24 (11:49)	35.19 (11:55)	46.54 (11:35)
5) J Gallagher	J Meffen	P Rudzinski	E Poole 68th 35
12.26	25.40	37.24	50.15
6) J Peters	K McGarvey	L Pearson	G Hamilton 36
12.26	26.27	38.39	50.48

GLRY THISTLE AC

1) A McDowall	I Auchie	D Auchie	J Hodjart 37
11.35	22.50	33.55	46.21

MBARTON AAC

1) S Reid	I Halliday	C Martin	B Wilson 38
10.48	22.26	33.38	46.08

b) I McWatt	I McFadyen	H Parkes	T Kelly	39
12.20	26.05	39.52		
c) E Brogan	P Walsh	G Shearer	F Cooney	40

UMFRIES AAC

A) J Boardman	D Leaver	D Walker	J Hyslop	41
11.25	24.01			
A) G Reid	g colvin	B Ronald	G Haddow	42
11.25	22.53	33.50	44.36	
B) M McWilliams	C Grant	C Bryden	G McKirdy	43
13.07	23.48	34.54	47.58	
C) W McCann	R Gibson	D McKirdy	P Bonner	44
12.13	24.41	37.55	51.37	
D) J Little	D Turnbull	S Marriot	A McGregor	45
11.57	25.36	36.17	50.29	
E) G MCKechnie	H Wilson	D White	L Reid	46
12.43				

ALLOWAY HARRIERS AAC

A) G Fidler	Q Greenail	A Coyle	S Dickson	47
11.23	24.53	36.38	47.18	
B) J Keenan	R McCutcheon	D True	J Crichton	48
	26.29	39.35	53.14	

ARSCUBE HARRIERS

A) J Alexander	J McAhienny	S Smith	S Cullen	49
11.29	23.31	35.24	47.06	
B) S Clements	T Murray	R Mollins	P McGlynn	50
11.53	23.52	36.20	48.29	

GARSCUBE HARRIERS

(C) A McLaughlin	M Brown	W Fus	K McAnna	51
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GIFFNOCK NORTH AAC

(A) William Glasgow	Jackson Fleming	Alan Whyte	Graeme Dickson	52
	26.05	38.30	50.36	

GREENOCK GLENPARK HARRIERS

(A) A Curran	T Murray	D McLaughlin	P Duffy	56
10.52	20.42	31.21	41.45	
(B) C Grainger	R Hodelet (vet)	B McGuiness	R Cleary	57
11.03	22.24	33.24	44.33	
(C) R Johns	P Russell	W Hamil	I Cameron	58
11.15	22.29	33.36	44.55	
(D) J McCready	J Docherty	G McGrattan	R Boyd	59
11.44	24.04	35.17	47.04	

GREENOCK GLENPARK HARRIERS

(A) C Miller	A Crossan	E Currie	J Davidson	60
11.50	23.43	35.36	47.41	
(B) D McNeil	K Duffy	J Kerr	N Orr	61
11.87	24.23	36.49	49.11	
(C) G McDermid	J Carruthers	E McNeil	A McCall	62
	25.49	39.39	52.11	
(D) S Laughlin	W Patterson	C Smith	W Jukes	63
12.34	24.54	37.58	49.52	
(E) J Russell	T Mitchell	G Russell	E Renfrew	64

GREENOCK WELLPARK HARRIERS

(A) S McNish	D Docherty	G King	G Gaffney
11.15	22.29	33.45	44.10
(B) A Lennox	D McFadyean	C McCorkindale	H Mooney
11.45	22.45	34.36	45.51
(C) W Docherty	M Rennie	C McKerrell	W Stoddart
12.32	28.43	43.12	54.23

IRVINE AC

(A) J Stevenson	C Miller	R Dickinson	J Sneddon
11.08	22.05	33.21	44.19
(B) B Craig	T Tipping	J White	G Hannan
11.35	22.32	34.24	47.00
(C) J Brennan (V)	A Crawford	G Irving	I McKenna (V)
12.01	24.01	35.48	48.29
(D) P Wilson	B Nicol (V)	B Adam	P MacKie
	25.30	38.00	49.56
(E) J McKenna	R Campbell	B Dale	J Morton
13.32	27.40	41.51	
(F) T McKerrell			

KILBARCHAN AAC

(A) M McGinley	A Pucklin	C Wallace	T Hearle	7
10.51	21.22	31.58	42.24	
(B) R Gardner	G Gibson	D Petrie	D Paterson	7
10.55	21.50	33.33	45.07	
(C) T Anderson	I M Dourall	J Snodgrass	J Pender	7
11.50	25.03			
(D) A Costilane	G Martin	D Docherty	W McRule	7
11.43	24.14	36.44	49.25	
(E) J Bremnel	J Nobler	R Ball	A Smith	7
13.13	27.03	41.22	55.05	
(F) E Taylor	G Collins	I Fraser	H Ross	8
13.13	27.22	40.42	51.42	
(G) W Hewitt	B Evans	H Kerr	Sn Colmick	8

KILMARNOCK HARRIERS

(A) B McEwan (J)	A Law	R Turley	D Murray (J)	8
11.22	22.57	34.26	45.29	
(B) D'Lennon (J)	H Rawkin	B McPhail	J Halliday	8
12.13	23.54	36.13	48.32	
(C) H Johnstone	L McGarrity (J)	K Oneil	B Robertson	8
13.05	25.21	37.54	51.09	

LAW & DISTRICT AAC

(A) B Nelson	H Forgie	W Dickson	A Russell	8
10.12	21.03	31.42	41.40	
(B) J Rowley	A Ramage	J Aitken	H Walker	8
12.08	22.13	34.57	46.57	

L & L TRACK CLUB

(A) J Cook	R Templeton	B Yoiumg	S Craig	91
11.10		34.46	49.29	

LINWOOD AC

(A) F McGourlick	D Grumpton	S Cameron	J Telford	93
	23.28	36.00	48.28	
(B) J McPhee	A Robertson	A Edgar	J Sands	94
11.87	24.47	38.10	51.13	

MARYHILL HARRIERS

(A) M McCartney	S Lydon	J Biggam	C Love	97
11.37	23.14	35.15	47.24	
(B) D Shearon	J McLevy	B Todd	J Doran	98
11.29	24.04	36.33	49.31	
(C) L McCue	A Craig	P Burns	J Reid	99
13.52	27.45		55.31	
(D) J Haldane	F Gillan	B McGill	F Murdoch	100
	26.36	41.19		

MILBURN HARRIERS

(A)	D Harrison 11.15	J Harrison 22.59	E Caldwell 34.31	R Hurt 44.35	101
(B)	F Caldwell 11.39	R Kirton 24.01	G Lamb 36.38	J Timmonev 50.19	102
(C)	J Scullion 13.48	C Brown 28.02	D McHenamin	M Allen	103

MONKLAND HARRIERS

(A)	W Edgar 11.29	T Moore 22.31	A French 34.13	J Small 45.42	104
(B)	T Goodwin 12.29	A Bell 25.15	N Agnew	S McKenna	105

MOTHERWELL YMCA HARRIERS

(A)	D Marshall 10.40	J Quinn (J) Man 21.14	F Graham 32.21	K Newberry 42.53	106
(B)	G Campbell (J) Man 12.06	S Quinn (J) Man 23.24	J Latona (J) Man 35.08	J Ross 47.30	107

SHETTLESON HARRIERS

(A)	A Swann 10.35	P Carton 21.13	B Doyle 32.10	D Cameron 43.05	109
(B)	B Scally 11.10	J Ross 22.09	P McMahon 33.31	B Keane 44.38	110
(C)	S Pickles 11.25	G McKie 22.56	C Ross 35.12	J Morrison 47.01	111
(D)	B McMonagle 12.02	H Inglis 24.41	P Brannigan 37.18	E Collins 50.14	112

SPANGO VALLEY AC

(A) J Gonghan 10.32	D Campbell 20.46	G Spence 31.10	A Page 41.26	113
(B) D Kerr 10.25	A McKinnon 21.11	W Kerr 31.32	D McGannity 44.39	114
(C) A Galbraith 11.25	P Collins 22.54	L McMahan 34.15	N Baighousr 44.39	115
(D) T Osborne 12.04	P Conagnan 23.31	S Conagnan 40.09	L Apence 48.37	116
(E) C Leck 12.13	J Brown 24.43	C Robtson 37.33	E McKee 50.55	117
(F) T Wilkie 11.87	T McNight 25.10	M Coyle 37.58	C Doyle 48.37	118
(G) C Burns 12.58	J Gallacher 26.18	B Johnston 40.09	W Broadlev 48.37	119

SPRINGBURN HARRIERS

(A) Alec McIndoe 10.44	Alec Chalmers 21.35	Jim Cooper 32.13	Adrian Callan 42.11	123
(B) Brian Meachan 12.08	Eddie Dickson 23.46	Tam Hoy 34.44	Lawry Bruce 47.06	124
(C) Willie McGregor 11.03	Jim McKenzie 23.56	Alistair McDougall 36.32	Ray Wilson 48.37	125

STONEHOUSE AAC

(A) J Hendry	D Russell	L Calder	C Morrow	131
12.47	26.18	38.41	51.02	

TROON TORTOISES

(A) W A Robintson	J Dorfman	M Sarginson	O Lighy	132
12.43	26.38		55.51	
(B) G Walkor	J McKinlay	B Walisor	V Daly	133
14.02				

VICTORIA PARK AAC

(A) P Stokes	P Wilson	W Watson	H Barrow	134
10.58	21.33	32.34	44.41	

WESTERLANDS CCS

(A) D Calder	A Cameron	W Reid	T Donohue	137
11.10	23.20	34.21	46.14	
D Branney	A Campbell	I Struthers	C Aldridge	138
	24.51	37.07	49.53	

SCCU Western District Cross Country Relay Championships, Clydebank -

Senior 4 x 2 mile Championship race:

1, Spango Valley AC (T. Osborne 1032, P. Conaghan 1014, S. Conaghan 1024, L. Spence 1016). 41:26

2, Law & District AC (W. Nelson 1012, H. Forgie 1051, W. Dickson 1039, A. Russell 958). 41:40

3, Greenock Glenpark H (A. Curren 1052, T. Murray 950, D. McLaughlin 1039, P. Duffy 1024). 41:45

4, Cambuslang H 42:03, 5, Springburn H 41:11, 6, Kilbarch AC 42:24

Fastest Laps: 1, T. Murray 950, 2, A. Russell, A. Gilmour (Cambuslang H) and A. Callan (Springburn H) all 958, 5, J. Cowan (Clydesdale H) 1007, 6, W. Nelson (Cambuslang H), J. Orr both 1012.

Young Athletes 3 x 1 1/2 miles

Championship race: (Running Order 1, Junior Boys; 2, Senior Boys; 3, Youth).

1, Clydebank AC (C. McShannon 930, A. Russell 854, G. Stewart 835). 26:59

2, Motherwell YMCA H (N. McEwan 919, s. Fox 920, J. Houston 830). 27:09

3, Clydebank AC 'B' (M. McBride 950, A. Thain 904, D. McGinlay 821). 27:15

4, Clydebank AC 'D' 27:26, 5, Dumfries AAC 27:42, 6, Clydebank AC 'C' 27:48

Youth Athletes Fastest Laps

Junior Boys: 1, D. Fotheringham (Clydebank AC 'D') 917; 2, N. McEwan 919, 3, C. McShannon 930.

Senior Boys: 1, G. Reid (Kilmarnock H) 833, 2, T. Graham (Kilbarchan AC) 841, 3, A. Russell 854.

Youths: 1, D. McGinlay 821; 2, B. McKay (Victoria Park AAC) 827; 3, J. Houston 830.

Western, at Clydebank

- 1, Spango Valley.....41:26
(T. Osborne 10:32; 2, P. Conaghan 10:14, S. Conaghan 10:24, L. Spence 10:16)
- 2, Law.....41:40
(B. Nelson 10:12, H. Forgie 10:51, W. Dickson 10:39, A. Russell 9:58)
- 3, Greenock Glenpark.....41:45
(A. Curran 10:52, T. Murray 9:50, D. McLaughlin 10:39, P. Duffy 10:24)
- 4, Cambuslang 42:03 (P. McAvoy 11:00, J. Orr 10:12, E. Stewart 10:53, A. Gilmour 9:58); 5, Springburn 42:11 (A. McIndoe 10:44, A. Chalmers 10:51, J. Cooper 10:38, A. Callan 9:58); 6, Kilbarchan 42:24; 7, Clydesdale 42:24; 8, Motherwell YMCA 42:53; 9, Shettleston 43:05; 10, Ayr Seaforth 43:06; 11, Bellahouston 43:19; 12, Clydesdale 'B' 43:45. **Fastest:** Murray 9:50; Russell, Gilmour & Callan 9:58; J. Gowan (C'dale) 10:07. **Young Athletes** (JB, SB, Y) — 1, Clydebank 26:59 (C. McShannon 9:30, A. Russell 8:54, G. Stewart 8:35); 2, Motherwell YMCA 27:09 (M. McEwan 9:19, S. Fox 9:20, J. Houston 8:30); 3, Clydebank 'B' 27:15; 4, Clydebank 'D' 27:26; 5, Dumfries 27:42; 6, Clydebank 'C' 27:48. **Fastest: Youths** — D. McGinley (C'bank 'B') 8:21; B. McKay (VP) 8:27; Houston 8:30. **Snr. Boys** — C. Reid (Kilm) 8:33; T. Graham (Kilb) 8:41; Russell 8:54. **Jnr. Boys** — D. Fotheringham (C'bank 'D') 9:17; McEwan 9:19.